



# SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item# 11.3

**Meeting Date:** September 6, 2012

**Subject:** Approve Revised Board Policy 5030: Student Wellness

- Information Item Only
- Approval on Consent Agenda
- Conference (for discussion only)
- Conference/First Reading (Action Anticipated: \_\_\_\_\_)
- Conference/Action
- Action
- Public Hearing

**Division:** Family and Community Engagement Office

**Recommendation:** Approve Revised Board Policy 5030: Student Wellness

**Background/Rationale:** A coordinated approach to school health improves students' health and their capacity to learn through the support of families, schools and communities working together. While improving student's health, the coordinated school health approach also improves academic success in an efficient and cost effective manner.

The Healthy, Hunger-Free Kids Act of 2010 (P.L. 111-296) repealed 42 USC 1751 Note and added 42 USC 1758b which **mandates** each district participating in the National School Lunch Program (42 USC 1751-1769) or any program in the Child Nutrition Act of 1966 (42 USC 1771-1791), including the School Breakfast Program, to adopt a district-wide school wellness policy.

The following policy fulfills this mandate and was revised to reflect district practice.

**Financial Considerations:** This policy does not have any new budget implications. All initiatives and work are supported through department budgets.

**Documents Attached:**

1. Executive Summary
2. Draft Revised Board Policy 5030

**Estimated Time of Presentation:** 10 minutes

**Submitted by:** Koua Jacklyn Franz, Chief Family and Community Engagement Officer

**Approved by:** Jonathan P. Raymond, Superintendent

**Board of Education Executive Summary**

# Board of Education Executive Summary

Family and Community Engagement Office  
Draft Revised Board Policy 5030 Student Wellness  
September 6, 2012



- Fresh menu choices have been introduced. They have been well received and lunch counts are up.
- Barbeque lunch option was launched at Hiram Johnson, leading to increased lunch participation counts.
- A "Supper Program" was implemented at 30 sites for children in the Youth Development after school enrichment programs.
- An expansion of the supper program to 32 more sites, for a total of 62 schools, is being planned for next fall.
- With a \$35,000 Healthy School Meals grant from The California Endowment, the district will be implementing a plan to ensure schools provide healthy meals, snacks and

# Board of Education Executive Summary

Family and

# Board of Education Executive Summary

Family and Community Engagement Office  
Draft Revised Board Policy 5030 Student Wellness  
September 6, 2012



## VI. RESULTS

In collaboration with the California Department of Public Health (CDPH) and the California Department of Education (CDE), Coordinated School Health Programs establish a Coordinated School Health Program (CSHP) within the district.

A coordinated approach to school health improves students' health and their capacity to learn through the support of families, schools, and communities working together. While improving student health a coordinated school health approach will also improve academic success in an efficient and cost effective manner.

In establishing a CSHP five assumptions are made: (1) Education and health are interrelated, (2) "Social morbidities" are the biggest threat to health, (3) A more comprehensive, integrated approach is needed to address health (physical, psychological or social) concerns, (4) Efforts should be centered