

_____ : Approve Resolution No. 3124: Recognition of National Eating Disorders Awareness Week (February 24 – March 1, 2020)

- Information Item Only
- Approval on Consent Agenda
- Conference (for discussion only)
- Conference/First Reading (Action Anticipated: _____)
- Conference/Action
- Action
- Public Hearing

Division: Board Office

Recommendation

_____ : Approve Resolution No. 3124 recognizing National Eating Disorders Awareness Week (February 24 – March 1, 2020).

Background/Rationale

_____ : According to the National Association of Anorexia Nervosa and Associated Disorders, over twenty million girls and women and ten million boys and

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION**

RESOLUTION NO. 3124

“Recognition of National Eating Disorders Awareness Week, February 24 - March 1, 2020”

WHEREAS, the week of February 24th - March 1st, 2020 is designated as National Eating Disorders Awareness Week dedicated to raising awareness of eating disorders and how with early detection, intervention, and awareness, we can make a positive difference; and

WHEREAS, according to the National Association of Anorexia Nervosa and Associated Disorders, over 20 million girls and women, and 10 million boys and men across the country suffer from a clinically significant eating disorder at some time in their life, including an estimated 3.6 million women in California alone; and, anorexia, bulimia, and compulsive overeating have the highest mortality rate of any mental illness at 12 times higher than the death rate of ALL other causes of death for girls and women 15 to 24 years old; and

WHEREAS, eating disorders affect persons of every race, color, gender, and socioeconomic category and are increasing among people in younger age groups, including children as young as 7 years of age; and, media pressures and genetic, social, and familial factors are all known to be related to eating disorders; and, while eating disorders are treatable when diagnosed early, they are often misunderstood and stigmatized, and pose a public health challenge that must be addressed to the fullest extent; and

WHEREAS, eating disorders can profoundly affect a child’s ability to learn. Eating disorders may cause students to feel irritable, decrease ability to concentrate, focus, listen and process information. Students with eating disorders may have deficiencies in specific nutrients, which has an immediate effect on their health and academic performance.

Jessie Ryan
President of the Board of Education

ATTESTED TO:

Jorge A. Aguilar
Secretary of the Board of Education