

# Stay Home Sick and Return Guidance

Stay home if you have any of the following symptoms:



## STAY HOME IF YOU HAVE ANY OF THE FOLLOWING SYMPTOMS:

• Fever (100.4°F or higher)

• Cough

• Sore throat

• Shortness of breath

• Loss of taste or smell

• Stuffy or runny nose

• Headache

• Fatigue



## YOU MAY RETURN TO SCHOOL AFTER:

5 days have passed, at least 24 hours fever free without the use of fever-reducing medications and other symptoms are improving

OR

5 days have passed, at least 24 hours without cough, shortness of breath, or other symptoms are improving

OR

5 days have passed, at least 24 hours without loss of taste or smell, and other symptoms are improving

### Chronic conditions:

Students with chronic conditions should consult with their healthcare provider for specific return-to-school guidance. If a student has a chronic condition, they should follow the guidance of their healthcare provider. If a student has a chronic condition, they should follow the guidance of their healthcare provider.